

Year 1 PSHE Spring 1

Relationships



We are learning to:

Feelings and emotions

- To recognise how other people are feeling.
- To recognise how others, show feelings and how to respond kindly to them.

Healthy relationships

- To learn the difference between secrets and nice surprises and
- the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid.

Vocabulary:

Similar, different, same, secrets, safe, respecting